



do's & don'ts to
WIN the **MAXIMUM**
for your injury.

SKAUG
LAW.



Pages 1 & 2 are specific to on-the-job injuries.
If you were injured in a car wreck or other kind of
accident, please begin on page 3.

DO realize workers' compensation laws
are different in every state.

It is important to work with an
attorney who knows the law in
your state.



DO report your injury to your employer within 60 days.



*We recommend reporting your injury by email.
This gives you a record of your report.*

DO make sure your employer [reports your injury to the Idaho Industrial Commission \(IIC\).](#)

The IIC is the “court system” which reviews and may decide the value of your injury compensation at trial.

FOR ALL INJURIES-

DO protect your advantage by having an experienced injury attorney.



An insurance industry study found injury victims who have an attorney receive 2.5 times more money than those who defend themselves.

Call today for a free consultation.

It won't cost anything to see if we can help.

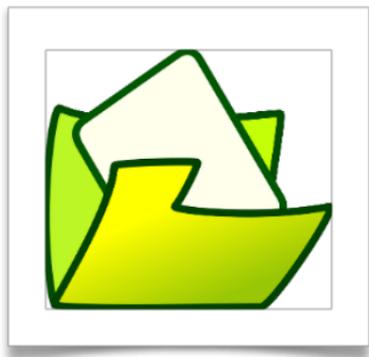
Call (208) 466-0030. (Available 24/7.)

DO schedule an exam with your doctor to document and understand the extent of your injury.

This is important even if you were treated and released at an emergency room.



*Some injuries are frequently missed
in the emergency room.*



***Keeping records
builds your case
to fully recover
your losses.***

DO take photos of your injuries.

DO keep receipts for all out-of-pocket expenses related to your injury.

DO save all medical bills and collection notices.

DO keep track of time lost from work.

DO prepare now for leaner days ahead because of your inability to work and increased medical expenses.

You will recover these temporary losses when you win full compensation.

DO realize your own insurance company is your opponent when they deny or minimize your claim.



Insurance companies answer to their stockholders.

Investors make less money when insurance companies pay claims.



DON'T post on social media.

The insurance company is watching you.

What you say online can be used against you.

The insurance company may use your posts to misrepresent your injuries or other facts about your case.



DON'T give ANY statements -

especially **RECORDED**

statements --to an insurance

representative until you have had a

free conversation with an attorney

and know your rights.

Tell the insurance company-

“I need to speak

to my attorney

before giving any

statements.”

DON'T sign any papers

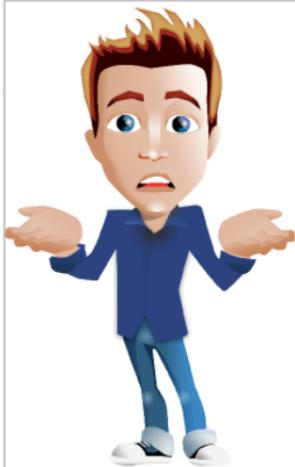
or releases until you have talked

with an injury attorney.

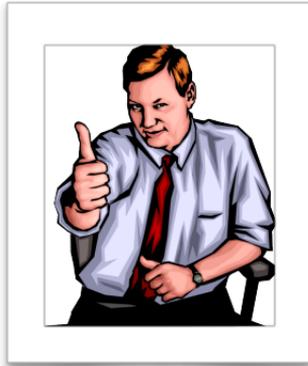


DON'T be intimidated by strong-arm insurance adjusters who say things like-

***“Take it
or leave it.
This is the
most you are
going to get!”***



DON'T be fooled by seemingly sympathetic adjusters who apologize for their lowball offer.



DO find the right injury attorney.

how?

GOOD REVIEWS.



Google the law firm, look at their ratings and read the client reviews.

With more than 300 Google reviews, **Skaug Law** has a 4.9 out of 5 star rating.

a legacy of
SUCCESS.



Skaug Law has helped thousands of injury victims win full compensation and find peace again.

Since 1992, Skaug Law has built a legacy as Idaho's preeminent injury law firm. Skaug Law serves all of the Boise Valley and Idaho



respected for
INTEGRITY.

Skaug Law has achieved an A plus rating by the Better Business Bureau.

It won't cost anything to see if we can help.

Call (208) 466-0030. (Available 24/7)

When you call, you can speak with a friendly attorney who will review your case and explain your rights and options without any pressure.



The Nampa Skaug Law offices are in a historic home conveniently located off I-84, Franklin exit. We also have a Meridian office (by appointment).

If you are unable to come to our offices, we can come to you.

Skaug Law PC, 1226 E. Karcher Road, Nampa, 83687

36 E. Pine Avenue, Meridian, 83642 (by appointment)